



Social Connections Day Program

Weekly Activity Schedule

Centre Name: Ballarat Central Social Connections

Location: Building 2, 417 Errard St South, Ballarat Central, VIC, 3350

Week Commencing: January 12/01/2026

Monday

Morning (9am - 12pm)

- Literacy and numeracy
- Horse Riding
- Drama Stars

Afternoon (12 - 3pm)

- Gymnastics
- The Rising Bakers
- Swimming

Afternoon (3 – 5pm)

- After hours support

Tuesday

Morning (9am - 12pm)

- Cooking with confidence
- Seek adventure keeping active
- Swimming
- Scrapbooking moments

Afternoon (12 - 3pm)

- Social rollers ten pin bowling
- Colourful minds art and craft
- Dancemakers

Afternoon (3 – 5pm)

- After hours support

Wednesday

Morning (9am - 12pm)

- Jetts Gym
- Beauty and self-care
- Interactive games
- Volunteer work experience
- Community craft group
- Cooking with confidence

Afternoon (12 - 3pm)

- Lawn bowls connect
- Social rollers ten pin bowling
- Lunch and mingle

Afternoon (3 – 5pm)

- After hours support

Thursday

Morning (9am - 12pm)

- Cooking with confidence
- Explore the seasons and your community
- Swimming
- Volunteer work experience

Afternoon (12 - 3pm)

- Textile and stitches
- Social rollers ten pin bowling
- Sensory sport and games
- Lunch and mingle

Afternoon (3 – 5pm)

- After hours support

Friday

Morning (9am - 12pm)

- Cooking with confidence
- Colourful minds art and craft
- Swimming
- Jetts gym

Afternoon (12 - 3pm)

- Lunch and mingle
- Find your rhythm

Afternoon (3 – 5pm)

- After hours support

Note

Special Events

- Saturday Socials
- Event celebrations
- BBQ days
- Holiday program
- Camp

Contact us



1300 472 673



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