



# Social Connections Day Program

# Weekly Activity Schedule

**Centre Name:** St Albans Social Connections

**Location:** 16 Victoria Square, St Albans

**Week Commencing:** X

## Monday

### All day (9am - 3pm)

- Step by Step
- Happy shoppers

### Morning (9am - 12pm)

- Woodwork program
- Relaxation station
- Armchair Travel
- Joyful Journeys

### Afternoon (12 - 3pm)

- Melody Moments
- Artful sips
- Woodwork program
- Game Masters
- Sensory cooking

## Tuesday

### All day (9am - 3pm)

- Strike together/dine together
- Balloon Football/Joyful Journeys

### Morning (9am - 12pm)

- Kitchen Creations
- Morning Melodies
- Joyful Journeys
- Local Adventures

### Afternoon (1 - 3pm)

- Artful Sips
- Melody Moments
- Board and Bash

## Wednesday

All day (9am-3pm)

Joyful Journeys

Modified Hockey/Joyful Journeys

### Morning (9am - 12pm)

- Joyful Journeys

### Afternoon (12 - 3pm)

- Armchair Travel
- Sensory Explorers

- Modified Hockey/Joyful Journeys
- Kitchen Creations
- Artful Sips

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## Contact us



1300 472 673



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## Thursday

### All day (9am - 4pm)

- Flicks, Food n Friends

### Morning (9am - 12pm)

- Local Adventures
- Artful Sips
- Kitchen Creations
- Sizzle n Spice

### Afternoon (12 - 3pm)

- Kitchen Creations  
Movies/Documentaries/discussions
- Artful Sips
- Youtube Music program

## Friday

### All day (9am - 3pm)

- Flicks, Food n Friends
- Community excursion

### Morning (9am - 12pm)

- Music Therapy
- Art therapy fortnightly

### Afternoon (12 - 3pm)

- Bingo/events
- Joyful Journeys

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## Notes

Birthday parties, Christmas parties, Easter celebrations, Halloween event,

## Special Events

- Local cultural events – Lunar New Year
- Educational opportunities for customers regarding voting and rights.

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## Contact us

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