



Social Connections Day Program

Weekly Activity Schedule

Centre Name: Ballarat Skills Social Connections.

Location: 209 Otway Street South, Ballarat East

Week Commencing: 12 January 2026

Monday

Morning (9am - 12pm)

- Café One Day
- Meals on Wheels
- About Town- Transport
- IGA Supermarket
- Giddy Up Horse Riding
- Pool Sharks

Afternoon (12 - 3pm)

- The Sugar Bells Music Group
- Upcycle
- Arty Farty
- Tech Titians – Gaming/ Computing

Tuesday

Morning (9am - 12pm)

- Book Worms – Library
- Hungry Tourist – Local activity & Lunch
- Pool Sharks
- Shop Cook Eat
- Stitch Lab – sewing
- Woodwork

Afternoon (1 - 3pm)

- Gym Junkies
- Measure Bake Eat
- Dancemakers
- Woodwork

Wednesday

Morning (9am - 12pm)

- Dip & Dine– Swimming & Lunch
- Hungry Tourist – Local activity & Lunch
- Health & Wellness Gym
- Shop Cook Eat
- Memory Makers – Scrap Booking

Afternoon (12 - 3pm)

- Zen Zone (Yoga)
- Up Cycle
- Tech Titans – Gaming/ Computing
- Market Garden

Contact us



1300 472 673



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Thursday

Morning (9am - 12pm)

- Dip & Dine– Swimming & Lunch
- Hungry Tourist – Local activity & Lunch
- Shop Cook Eat
- Fire & Clay (Hand built ceramics)
- Book Worms (Local Library)

Afternoon (12 - 3pm)

- Gym Junkies
- Arty Farty
- Round Robin (Different Sports)

Friday

Morning (9am - 12pm)

- Café One Day
- Meals On Wheels
- About Town – Transport
- Health & Wellbeing Gym
- Stitch Lab – Sewing
- Pool Sharks

Afternoon (12 - 3pm)

- Xtreme Bounce
- The Sugar Bells Music Group
- Measure Bake Eat
- Tech Titians-Gaming & Computing

Notes

Special Events

- Have your say Conference
- Australian Open
- Camp
- Social Saturdays

Contact us

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