



## How to host a virtual Silent Morning Tea

### Before the day

#### Step 1

Send an invitation with a link to the online video conference platform you use (Zoom, Microsoft teams etc) to a group of friends or people in your workplace.

#### Step 2

Email the resources needed for the activity you want to complete. For virtual morning teas, we recommend the Key Word Sign activities. You don't need any other resources, just yourself!

#### Step 3

Ask everyone to bring their own morning tea to the meeting! Encourage them to grab a tea/coffee/hot chocolate etc before the morning tea. Depending on the activity you selected, they may need to use Key Word Sign to tell everyone what they are drinking or eating!

You can also buy the Key Word Sign app and make your own handouts of selected vocabulary to share

<https://www.scopeaust.org.au/news-event/key-word-sign-app/>

## How to host a Silent Morning Tea

### On the day

#### Step 1

When people join the meeting, make sure they all have their cameras on and ensure their torso and hands can be seen.

#### Step 2

You could also start your Silent Morning Tea by playing the Youtube clip "Silent Morning Tea" - <http://bit.ly/smtvideo> to introduce what a Silent Morning Tea is all about.



### Step 3

Complete one of the Key Word Sign activities. Depending on how many people are attending, you might need to use the breakout rooms in your video call – We recommend having 3 to 5 people in the breakout room.

Have fun!

## *What I have for morning tea*

### Key Word Sign Activity

This activity has been designed specifically for a virtual morning tea but can also be done in any Silent Morning Tea.

#### What you need

- Silent Morning Tea - Key Word Sign Poster
- Silent Morning Tea - Additional Key Word Sign Vocabulary

This is an activity where people take turns to communicate what they have for morning tea, using Key Word Sign only. The Key Word Sign posters show you how to sign different food and drinks. For example, you could say 'I am drinking coffee'. The person communicating the message cannot speak, but everyone else can.

#### How to Play

1. One person starts by looking at the KWS resource and signing what they have for morning tea using Key Word Sign and without talking.
2. Others call out what they think the person is signing – remember to refer to the handout!
3. The first person to call out the correct answer has the next turn. That person then communicates what they have for morning tea.
4. If you don't have anything or you don't have what you'd really like, you could tell them what you wish you had!

Have fun!