



My Favourite Thing

Gesture and Mime Activity

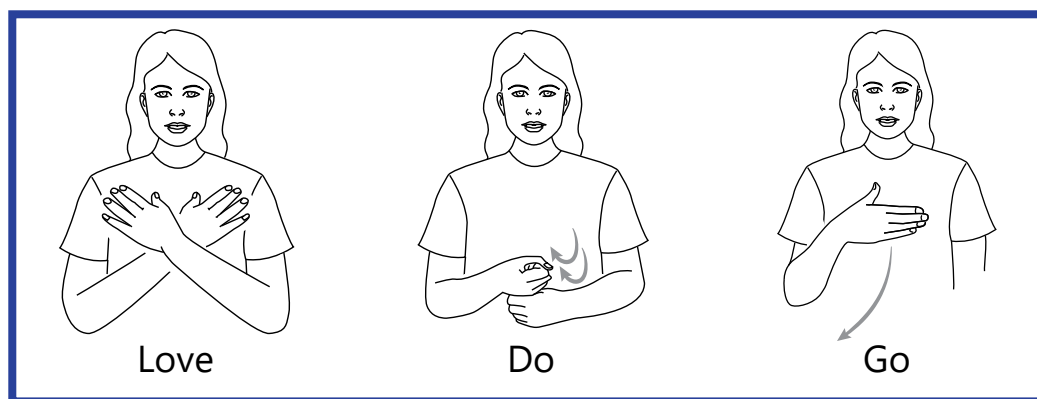
This is a “Pass the Message” activity where people take turns to communicate about something they really enjoy doing, without using speech or writing. You will find that this is easy to do using natural gesture or mime. Using clear facial expression can help a lot too.

The person communicating the message cannot speak, but everyone else can.

Think of how you usually do the activity, it’s likely that whatever you do will be recognizable by other people eg pretend to do a golf swing – that’s the gesture for ‘golf’.

How to Play

1. One person starts by showing others something they enjoy doing, without using speech or writing. “You can use natural gesture and the signs below.



2. Others call out what they think the activity is.
3. The first person to call out the correct answer has the next turn. That person then communicates something he or she loves to do, without using speech or writing.
4. You may want to go around the group more than once – most of us have a few ‘favourite’ activities.

Have Fun!